

Joan Rotger Seguí, Mayor of Selva,

I LIKE TO SHARE,

Given the information related to COVID-19 (Coronavirus), the Ministry of Health and Consumption has asked us to convey calmness as we ask for prudence while sharing general recommendations for citizenship and the effects on events that may be already scheduled:

- Maintain good personal hygiene: frequent hand washing, avoid the contagion with hands, nose, and eyes.
- Cover your mouth and nose with a disposable tissue or with your elbow in case you cough or sneeze.
- Respect a minimum distance of 1 meter with people who have respiratory symptoms.
- Effect on sporting events:
 - All those sports, professional and non-professional, local and international that suppose great affluence of fans (more than 1000 people), they will be held behind closed doors throughout the country and, therefore, in the Balearic Islands.
 - All professional and non-professional sports events, local and international involving less than 1000 people, can be done on door open with prior authorization from Public Health.
 - This warning includes a base sport. The Federations must request authorization to Public Health.
- Regarding everything that it is not sports:
 - All events with more than 1000 people are prohibited.
 - Those events of less than 1000 people must be authorized for Public Health, even if they already have a municipal authorization.
 - Recommends avoiding concentrations that are not strictly necessary for people.
 - Everything that can be postponed, must be postponed.

THIS BAN WILL BE EFFECTIVE UNTIL THE SANITARY AUTHORIZED RAISE THE VALIDITY OF THE MEASURES ADOPTED, YET NEW ONES ADOPTED DUE TO THE PANDEMIC CORONAVIRUS (COVID-19)

Selva, March 12, 2020
The Mayor

How to protect yourself from respiratory viruses and the new coronavirus



A

Apply an alcoholic solution or water and soap to the palm of your hands

For at least 40 seconds if it is soap and water.
For at least 20 seconds if it is an alcoholic product.

Rub your hands between them, paying attention to all areas, palms, fingers, ...

If it is with soap and water, extend your hands and dry them using a paper towel.
With alcohol, dry them in the air.



B

When coughing or sneezing, cover your mouth and nose with single-use tissues or your elbow.

Avoid touching your eyes, nose, and mouth. The hands facilitate the transmission.



Do not travel to risk areas



If you have cold symptoms, avoid close contact with other people

If you have been in a risk zone and have symptoms during the next 14 days (fever, cough, shortness of breath).

**DO NOT GO TO THE HEALTH CENTER OR URGENCIES OF THE HOSPITAL.
CALL 061.**

